

CAMP PEMIGEWASSETT

In this edition of the New Camper Newsletter, we address the exciting task of packing for camp. In my opinion, packing for camp is a catalyst for all sorts of feelings or wonderings about their upcoming adventure. Physically gathering all the camp necessities starts to make your camper's still abstract experience, begin to take shape. It's happening! They are going to Pemi!



Packing for PEMI

Here is your official: [Pemi Packing List!](#)

We highly recommend your camper participates in the packing process. While this may be less efficient, partnering with your camper during this task allows campers to begin practicing organization, responsibility, and ownership with not just their personal belongings, but with their overall camp experience. Preparing and packing their belongings allows a camper to understand what items they are physically bringing into camp, which also allows them to track and manage their items more successfully over time (or understand if items go missing!) Even the youngest campers can be a part of this process. Below are some ideas for engaging your camper in the packing process.

Juniors (Ages 8-10):

- Lay out piles of socks, shorts, pants, and shirts, and have them pick the quantity for each item on the list.
- When gathering hygiene items, discuss hygiene routines at camp
- Provide narration around certain items, "this is your extra set of bedding, you will change your sheets each week at Pemi"
- Have them decide on a comfort item, like a small stuffed animal, photo, or book.
- Make it fun - see if they can find the items that are missing their name labels!

Lowers (Ages 10-12) & Uppers (Ages 13-14):

- Print the packing list. Decide on a time for packing and show your camper where they can gather and lay out their items. Explain the benefit to laying out and checking off items, before packing belongings in luggage or duffels.
- Allow your camper to gather items. Lend support with any belongings they cannot find.
- Have a conversation around clothing, and options in their luggage for different types of weather and temperatures.
- Have your camper double check their belongings are labeled with their name.
- Have your camper pack their belongings in their duffel and check off each item on the packing list.

Seniors (Ages 14-15):

- Print the packing list to provide to your camper. Let them know you are there if they need help, but packing for camp will be their responsibility. See if your camper can choose a time and self-start the packing process.
- Have your camper gather the items on the list independently, create neat piles, and document which items are still needed on the packing list.
- Have your camper label their items with their name.
- Double check your camper's items. Partner with you camper on any concerns or suggestions you might have caught in your final check.

The More You Know...

There is no need to buy all new for camp and we encourage everyday clothing from home. The goal is to have your camper arrive well-prepared but not overloaded.

Please pack all items in soft duffels. No hard sided trunks.

1. **Labels:** Every item should be labeled with first and last name, or the first initial of the first name and the full last name. Label clothes, sports equipment, bedding, EVERYTHING!
 2. **Pemi Shirts:** Our “uniform” requires ONLY four logo’d t-shirts: (2) Pemi Blues, (1) Pemi White, and (1) Pemi Grey logo’d t-shirts in your choice of fabric/style for athletic competitions and some special occasions. These are available through [CampSpot](#), our logo-wear supplier.
 3. **Laundry:** Each boy receives a sturdy laundry bag for use while at Pemi, labeled with his name and cabin. Laundry is picked up once a week and returned 2 days later
 4. **Bedding:** Boys who live in the US supply their own bedding. Campers from outside the US may utilize bedding & towels provided by Pemi.
 5. **Food Drive:** Bring canned goods for the "[Cans From Campers](#)" food drive.
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Bring to Pemi (optional)
-Music players without a screen. CD players, Ipod Shuffles, Mighty .
-Musical instruments & Music
-Book, art supplies, cards, and similar items for rest hour.
-Photos, a stuffed animal, or a small sentimental item from home that makes them feel connected to family. Keep in mind these items may be exposed to the elements or other campers, so keep valuable or irreplaceable items at home.

Leave at Home
-Cell phones (unless traveling solo), Hand-held video games, laptops, smart watches, money, e-readers (bring books or enjoy Pemi's well-stocked library)
-Snacks, candy, gum, etc. (No food is kept in cabins for health and safety reasons)
-Squirt guns, water balloons, trading cards, silly string or other toys that might become a distraction for campers.

Need to Ship Belongings to PEMI?

Pemi is excited to partner with Ship Camps to offer Pemi families a simplified option for luggage, duffels, boxes, and other camp gear to arrive to Pemi. Ship Camps will also schedule return shipments at the end of your son's session. We have partnered with Ship Camps to give you preferred shipping rates. Please visit the [Camp Pemi Ship Camps page](#) to book your shipments.



SAVE the DATE

Parent Orientation Zoom: Wednesday, May 6th - 7:00PM EST
[PARENT ORIENTATION ZOOM - Register here!](#)

Camper Orientation Zoom: Thursday, May 21st - 6:30PM EST
[CAMPER ORIENTATION ZOOM - Register here!](#)

Your PEMI To-Do List. What's Left to Complete?

- New Camper Recommendation: Send [this form](#) to your camper's teacher to submit.
- Pemi Forms: [Due May 1](#)
- Download Companion: Available on the [Apple App Store](#) and [Google Play](#)
- Travel Plans: [How is your camper arriving to Pemi?](#)
- TheCampSpot: Place your orders now for [Pemi logo-wear](#)
- Check out Pemi's [New Family Information Mailing \(and fun stuff for campers, too!\)](#)

Remember, April showers bring May....FORMS!? All Pemi forms for all sessions are due May 1! Thank you for your continued partnership so we can provide your camper with a fun and safe summer.

Warmly,

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Did you miss [last month's New Camper Newsletter](#)? *Sending a camper to overnight camp provides a unique opportunity for both campers and families to practice making adjustments to the way they connect and communicate, both in person and from afar. Read on for helpful tips in making the adjustment from connection at home to connection at camp*