

# CAMP PEMIGEWASSETT

Happy February,

Your campers are half way through their school year, and somehow, camp is starting to feel like it is on the horizon! It always catches me by surprise how quickly these next few months go by in the lead up to Pemi. Amidst the season change and spring breaks, continue to take small steps towards completing Pemi-based tasks so you and your camper can arrive to camp feeling ready to launch!



## PREPARE FOR PEMI IN FEBRUARY

### **Think About How Your Camper Will Arrive to Pemi**

First/Full & 2-Week Sessions: Arrival on Saturday, June 27th

Second Session: Arrival on Sunday, July 19th

#### **Arrival by Car:**

Pemi will follow a plan similar to last summer by having age groups arrive together. Please know how much we appreciate every family following these arrival time guidelines and that we understand this will make arriving to Pemi tricky for some. Detailed drop off protocol with health check information will be sent out in June.

10:00 - 10:45 AM 14 & 15 Year Old's

10:45 - 11:15 AM 13 Year Old's

11:15 AM - 12:00 PM 11 & 12 Year Old's

2:30 - 3:15 PM 10 Year Old's

3:15 - 4 PM 8 & 9 Year Old's

*Siblings - Please try to arrive at the time of your youngest son.*

#### **Arrival by NY/Stamford Chartered Bus:**

Each summer Pemi charters a bus from New York City and Stamford, CT with Pemi chaperones. Sign up for the bus in your [CampInTouch Account](#). Scroll down and click on Forms and Documents, then click on Additional Options. The cost of the bus is \$250 per camper each way. Sign up soon, space is limited!

**NYC pick up point** - West 65th Street between Amsterdam and Columbus  
8:30 AM for a 9 AM Departure

**Stamford, CT pick up point** - Shop Rite Commerce St Lot - 1990 W. Main St.  
10:15 AM for a 10:45 AM Departure

**Please note:** There is no chartered bus midseason (End of 1st Session and start of 2nd Session)

### **Arrival by Air:**

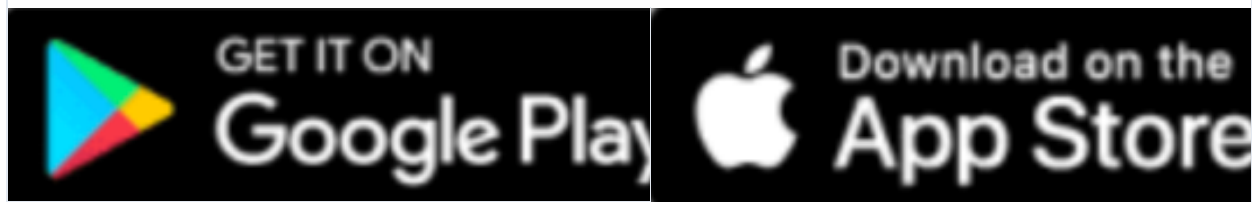
For campers who live farther away or internationally, Pemi will offer chaperoned shuttles from Manchester-Boston Regional Airport (MHT) and Boston Logan International Airport (BOS). [Read more about air travel to Pemi](#), including preferred arrival and departure windows.

**Looking for an easy way to get your camper's belongings to Pemi? Try [Shipcamps!](#)**

**Looking for a place to stay near Pemi? [Check out these recommendations!](#)**

### **Have you Downloaded the Companion App?**

We will activate Pemi's camper forms March 5th! The easiest way to complete [Pemi forms](#) (and **access photos of your camper throughout the summer**) is through the Companion App. Companion allows you to complete pre-camp forms and upload paperwork directly to your Pemi CampInTouch account. Download the Companion app and log in using your Pemi CampInTouch email and password.





### **Tips for a Good Night's Sleep at Camp**

Sleep is important for feeling our best AND sleeping somewhere new can be a transition! Check out the strategies below and see what might be right for your camper as they prepare for sleeping in a new environment.

- Bedding with multiple layers work best. Some nights are warm and some nights or mornings can be chilly. Try to avoid the one bulky cotton comforter, and focus on multiple fleece blankets. Pro Pemi Tip: Unzip your sleeping bag as a final layer on top of bedding if needed.
- If sleeping in a communal space is new to your camper, consider ear plugs or a sleep mask depending on their sleep needs. Counselors will review and uphold respectful nighttime etiquette with their cabins.
- This is a great time of year to practice sleep overs and nights away from home. Exposure and practice now can lead to better sleep while at camp.

I'll be in touch next month with more to think on for this upcoming adventure. As always, reach out with any questions or concerns!

Warmly,

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