PEMI MENU			
Monday 7/8 Snack- JZ Morning- Fruit & Granola Bar Afternoon- Ice Cream Sandwich	Pancakes Berries Syrup Butter Yogurt Oatmeal Cereal Milk/Juice Alt- GF/Vegan Pancakes	Beef Roast Rice Carrots Bread Salad Alt- Vegan Sub GF Bread	Grilled Cheese Fritos Tomato Soup Veggie Sticks Salad Ice Cream Sandwiches Alt- GF Sandwiches GF Soup Vegan Cheese Sandwiches
Tuesday 7/9 Tuesday- PC Fruit & Goldfish Granola Bar	Eggs OE Sausage Cut Fruit Oatmeal Cereal Milk Juice Alt- Egg Sub Vegan Sausage	Honey Glazed Chicken Potatoes Veggies Bread Butter Salad Alt- Vegan Alt GF Bread	Fish & Chips Salad Choc Cake Alt- Vegan Chili GF/Vegan Cake
Wednesday 7/10 Snack-WY AM- Apple Sauce & Granola Bars	Waffles Syrup Butter Cut Fruit Oatmeal Cereal Milk Juice Alt- GF/Vegan Pancakes	Pork Noodles Veggies Bread Salad Alt- Vegan Sub GF Bread	Burgers & Dogs Rolls Chips Salad Fruit Ice Cream Alt- Veggie Dogs & Burgers GF Rolls Vegan Ice Cream
Thursday 7/11 Snack- JZ AM- Fruit & Goldfish PM- Granola Bars	Scrambled Sausage Butter Cut Fruit Oatmeal Cereal Milk/Juice	Herbed Chicken Rice Peas Bread Salad Alt- Vegan Chicken GF Bread	Stew Bread Salad Dessert

Friday	Scrambled	Chicken Tenders	Birthday Banquet
7/12	Bacon	Onion Rings/Fries	Turkey
O l- IZM	English Muffins	Veggies	Stuffing
Snack- KM	Butter	Salad	Cranberry Sauce
	Cut Fruit		Mashed
AM- Apple Sauce &	Oatmeal		Veggies
Granola Bars	Cereal		Bread/Butter
	Milk		Salad
PM- Ice Cream	Juice		Cake & Ice Cream
Sandwiches			
	Alt- Vegan		Alt- Tofurkey
	Scramble		Vegan Potatoes
	Turkey Bacon		GF Stuffing
	GF Eng Muffins		GF Bread
			GF/Vegan Cake
			Vegan Ice Cream

Saturday 7/13 End Session 1 ? Snack- JS AM- Fruit & Goldfish PM- Granola Bars	French Toast Syrup Butter Cut Fruit Oatmeal Cereal Milk Juice Alt- Vegan Fr Toast GF Fr Toast	Tortellini Marinara Green Beans Salad/Dressing Bread/Butter Alt- GF Pasta Vegan Pasta GF Bread	Cookout- Beef Fajitas Corn on the Cob Rice Pasta Salad Salad Brownie Sundaes Alt- Veggie Fajitas GF Tortillas GF/Vegan Brownies Vegan Ice Cream
Sunday 7/14 2nd Session Begins	Pancakes Syrup Butter Cut Fruit Oatmeal Cereal Milk Juice	Chicken Wraps Pita Lettuce/Tomato Tzatziki Salad	Pizza Veggies Salad Ice Cream