



CAMP PEMIGEWASSETT

PACKING LIST

All items should be clearly marked with the boy's name, either with name tags or waterproof marker.

TIP: Tear this list out, place it in a plastic sleeve, and bring it to camp to serve as a reminder when packing to return home.

SHIRTS

- Pemi logo T-shirts – any style/fabric: 2 navy / 1 white / 1 grey
- 6-8 T-shirts - any style/fabric (1-2 of T-shirts should be synthetic for hiking)
- 2 Collared shirts (polo or button)

PANTS

- 2 Jeans or sweatpants
- 4 Shorts

OUTERWEAR

- 1 Sweatshirt
- 1 Heavy synthetic fleece top
- 1 Windproof jacket (Gore-Tex or other breathable fabric best)
- 1 Waterproof raincoat (sealed seams)
- 1 baseball cap or other (for sun protection)

FOOTWEAR & SOCKS

- Casual footwear (sandals, sneakers, etc.)
- Hiking boots or shoes with high-traction soles
- Athletic shoes (cleats, tennis shoes with smooth soles for courts, etc.)
- 10-12 Pair athletic socks
- Pair hiking socks (wool/wicking)

UNDERWEAR, SWIMWEAR, PJ's

- 10-12 Pair underwear
- 2 Bathing suits
- 2 Pajamas (1 lightweight; 1 heavy)

BEDDING & LINENS

- 3 Warm twin blankets (or 1 and comforter, etc.)
- 2 (Two!) sets of sheets (twin or cot)
- 1 Pillow (most forgotten item)
- 2 Pillowcases
- 3 Bath/beach towels
- 1 Laundry bag with boy's name
- 1 Mosquito net

TOILETRIES & CARRIER

- Biodegradable soap and shampoo (such as Dr. Bronner's, Tom's of Maine, Burt's Bees)
- Toothbrush (in carrying case) and toothpaste
- Fingernail Clippers/Nail File
- Personal items as needed (hair brush, comb, deodorant)
- Sunscreen (20 SPF or higher)
- Insect repellent (DEET percentage at your discretion)
- Shower caddy with the capacity to drain, for carrying toiletries

OTHER ESSENTIALS

- 1 Flashlight or headlamp with fresh batteries
- 1 one-liter water bottle
- Stationery and stamps (pre-addressed?)

ATHLETIC EQUIPMENT

- Tennis racquet and cover*
- Lacrosse stick, gloves, and pads*
- Baseball glove, hat, and pants
- Swim goggles, cap, speedo-type bathing suit / jammers

* Pemi has tennis and lax equipment available to borrow for campers who want to try these sports for the first time.

NOTES

BAGS

- Dufflebags / soft trunks as needed for packing for camp
- 1 Drawstring bag / sports duffel for daily use
- 1 Small backpack for day hikes (school pack is fine)

OPTIONAL ITEMS

- Canned good(s) or non-perishable(s) for our arrival day food drive, "Cans from Campers"
- Sunglasses
- Water sandals or aqua socks
- Books (no digital Kindles, Nooks, etc.)
- Ping-pong paddle
- Fishing rod and tackle
- Musical instruments and music
- Bathrobe
- Crazy creek
- Other (including a stuffed animal!)

PEMI BACKPACKER'S EQUIPMENT LIST

Most of the following items needed for overnight backpacking trips can be borrowed from the Trip Program. However, boys who plan to take full advantage of hiking opportunities might consider bringing some/all of the following:

CLOTHING FOR HIKING

- 1 Pair Synthetic Shorts
- 1 Set synthetic long underwear top and bottoms
- 1 Warm hat (ski type)
- 1 Pair of gloves

EQUIPMENT FOR HIKING

- 1 Backpacking pack (internal or external frame; age 11 and older)
- 1 Sleeping pad
- 1 Sleeping bag (synthetic or down, no cotton)
- 2 one-liter water bottles

NOTES

DID YOU KNOW?

We have an entire lake to ourselves! You can start each morning with a Polar Bear dip, go to Free Swim every afternoon, and try out (or become an expert in) water skiing, canoeing, sailing, wind-surfing, and paddle boarding.

You won't need a watch at Pemi! A live bugler plays bugle calls to let you know when it's time to wake up, go to meals, and change activities.

Hungry? We eat meals together in the Mess Hall, and we sing (loudly!) after lunch and dinner. You'll quickly learn the words to traditional Pemi songs and college songs from schools large and small.

Many Pemi traditions are over 100 years old, like a campfire every Saturday night for stories, songs, and fun, the camp newspaper "Bean Soup," and counselors reading aloud to campers after lights out in the cabin.

Pemi's natural setting will fill you with wonder! Look for bald eagles, herons, otters, Luna moths, meteor showers, and the Milky Way. At night, you might hear the calls of loons and owls as you fall asleep.