



CAMP PEMIGEWASSETT

PACKING LIST

All items should be clearly marked with the boy's name, with either nametags or waterproof marker.

TIP: Tear this list out and place it in a plastic sleeve and bring to camp to serve as a reminder when packing to return home.

SHIRTS

- Pemi logo T-shirts – any style/fabric: 2 navy / 1 white / 1 grey
- 6-8 T-shirts - any style/fabric
(1-2 shirts should be synthetic for hiking)
- 2 Collared shirts (polo or button)

PANTS

- 2 Jeans or sweatpants
- 1 Khaki or cargo pants
- 4 Shorts

OUTERWEAR

- 1 Sweatshirt
- 1 Heavy synthetic fleece top or jacket (heavyweight wool sweater is acceptable)
- 1 Windproof jacket (Gore-Tex or other breathable fabric best)
- 1 Waterproof raincoat (sealed seams)
- 1 baseball cap or other (for sun protection)

FOOTWEAR & SOCKS

- Casual footwear (sandals, sneakers, etc.)
- Hiking boots or shoes (with high-traction soles)
- Athletic shoes (cleats, tennis shoes with smooth soles for courts, etc.)
- Soccer shin guards and socks (required)
- 10-12 Pair athletic socks
- 2-3 Pair hiking socks (wool/wicking)

UNDERWEAR, SWIMWEAR, PJ's

- 10-12 Pair underwear
- 2 Bathing suits
- 2 Pajamas (1 lightweight; 1 heavy)

BEDDING & LINENS

- 3 Warm twin blankets (or 1 and comforter, etc.)
- 2 (Two!) sets of sheets (twin or cot)
- 2 Pillowcases
- 1 Pillow (most forgotten item)
- 3 Bath/beach towels
- 1 Mosquito net
- 1 Sleeping bag (synthetic or down, no cotton)

TOILETRIES & CARRIER

- Biodegradable soap and shampoo (such as Dr. Bronner's, Tom's of Maine, Burt's Bees)
- Toothbrush (in carrying case) and toothpaste
- Dental Floss
- Fingernail Clippers/Nail File
- Tissues
- Personal items as needed (hair brush, comb, deodorant)
- Chapstick/Lip Balm
- Sunscreen (20 SPF or higher)
- Insect repellent (DEET percentage at your discretion)
- Shower caddy with the capacity to drain, for carrying toiletries

OTHER ESSENTIALS

- 1 Box disposable face-masks
- 10 Washable face-masks & mask wash-bag
- Hand sanitizer, (1) 8oz bottle
- 1 Flashlight or headlamp with fresh batteries
- 1 one-liter water bottle
- Stationery and stamps (pre-addressed?)

ATHLETIC EQUIPMENT

- Tennis racquet and cover*
- Lacrosse stick, gloves, and pads*
- Baseball glove, hat, and pants
- Swim goggles, cap, speedo-type bathing suit / jammers

* Pemi has tennis and lax equipment available to borrow for campers who want to try these sports for the first time.

BAGS

- Dufflebags / soft trunks as needed for packing for camp
- 1 Drawstring bag / sports duffle for daily use
- 1 Small backpack for day hikes (school pack is fine)

OPTIONAL ITEMS

- Canned good(s) or non-perishable(s) for our arrival day food drive, "Cans from Campers"
- Single-use or digital camera(s)
- Sunglasses
- Water sandals or aqua socks
- Books (no digital Kindles, Nooks, etc.)
- Ping-pong paddle
- Fishing rod and tackle
- Musical instruments and music
- Bathrobe
- Crazy creek
- Other (including a stuffed animal!)

PEMI BACKPACKER'S EQUIPMENT LIST

Most of the following items needed for overnight backpacking trips can be borrowed from the Trip Program. However, boys who plan to take full advantage of hiking opportunities might consider bringing some/all of the following:

CLOTHING FOR HIKING

- 1 Pair Synthetic Shorts (non-cotton)
- 1 Set synthetic long underwear top and bottoms (non-cotton)
- 1 pair rain pants (Gore-Tex or other synthetic material)
- 1 Warm hat (ski type)
- 1 Pair of gloves

EQUIPMENT FOR HIKING

- 1 Backpacking pack (internal or external frame; age 11 and older)
- 1 Sleeping pad
- 2 one-liter water bottles

DID YOU KNOW?

We have an entire lake to ourselves! You can start each morning with a Polar Bear dip, go to Free Swim every afternoon, and try out (or become an expert in) water skiing, canoeing, sailing, wind-surfing, and paddle boarding.

You won't need a watch at Pemi! A live bugler plays bugle calls to let you know when it's time to wake up, go to meals, and change activities.

Hungry? We eat meals together in the Mess Hall, and we sing (loudly!) after lunch and dinner. You'll quickly learn the words to traditional Pemi songs and college songs from schools large and small.

Many Pemi traditions are over 100 years old, like a campfire every Saturday night for stories, songs, and fun, the camp newspaper "Bean Soup," and counselors reading aloud to campers after lights out in the cabin.

Pemi's natural setting will fill you with wonder! Look for bald eagles, herons, otters, Luna moths, meteor showers, and the Milky Way. At night, you might hear the calls of loons and owls as you fall asleep.