

CAMP PEMIGEWASSETT EQUIPMENT/PACKING LIST

ALL items sent to camp should be clearly marked with the boy's name, with either nametags or waterproof marker.

SHIRTS

(1-2 of T-shirts should be synthetic for hiking)

Pemi logo T-shirts – any style/fabric:

2 navy / 1 white / 1 grey

6-8 T-shirts - any style/fabric

2 Collared shirts (polo or button)

PANTS

2 Jeans or sweatpants

1 Khaki or cargo pants

4 Shorts

OUTERWEAR

1 Sweatshirt

1 Heavy synthetic fleece top or jacket *(heavyweight wool sweater is acceptable)*

1 Windproof jacket *(Gore-Tex or other breathable fabric best)*

1 Waterproof raincoat *(sealed seams)*

1 baseball cap or other *(for sun protection)*

FOOTWEAR & SOCKS

Casual footwear *(sandals, sneakers, etc.)*

Hiking boots or shoes *(not tennis shoes – athletic shoes with high-traction soles will do)*

Athletic shoes *(cleats, tennis shoes with smooth soles for courts, etc.)*

Soccer shin guards and socks *(required)*

10-12 Pair athletic socks

2-3 Pair hiking socks *(wool/wicking)*

UNDERWEAR, SWIMWEAR, PJ's

10-12 Pair underwear

2 Bathing suits

2 Pajamas *(1 lightweight; 1 heavy)*

BEDDING & LINENS

3 Warm twin blankets (or 1 and comforter, etc.)

2 (Two!) sets of sheets *(twin or cot)*

2 Pillowcases

1 Pillow (most forgotten item)

3 Bath/beach towels

1 Laundry bag with boy's name

1 Mosquito net

1 Sleeping bag (synthetic or down, no cotton)

TOILETRIES & CARRIER

Biodegradable soap and shampoo *(many brands are available:*

Dr. Bronner's, Tom's of Maine, Burt's Bees, etc.)

Toothbrush *(in carrying case)* and toothpaste

Dental Floss

Fingernail Clippers/Nail File

Tissues

Personal items as needed *(hair brush, comb, deodorant)*

Chapstick/Lip Balm

Sunscreen *(20 SPF or higher)*

Insect repellent *(DEET percentage at your discretion)*

Shower caddy with the capacity to drain, for carrying toiletries

OTHER ESSENTIALS

1 Box disposable face-masks

10 Washable face-masks & mask wash-bag

Hand sanitizer, (1) 8oz bottle

1 Flashlight or headlamp with fresh batteries

1 one-liter water bottle

Stationery and stamps *(pre-addressed?)*

ATHLETIC EQUIPMENT

Loaner tennis racquets and lax equipment is available for those who want to try these sports.

Tennis racquet and cover

Lacrosse stick, gloves, and pads

Baseball glove, hat, and pants

Swim goggles, cap, speedo-type bathing suit / jammers

BAGS

Duffelbags / soft trunks as needed for packing for camp

1 Drawstring bag / sports duffel for daily use

1 Small backpack for day hikes (school pack is fine)

OPTIONAL ITEMS

Canned good(s) or non-perishable(s) for arrival day food drive

Single-use or digital camera(s)

Sunglasses

Water sandals or aqua socks

Books *(no digital Kindles, Nooks, etc.)*

Ping-pong paddle

Fishing rod and tackle

Musical instruments and music

Bathrobe

Crazy creek

Other (including a stuffed animal!)

PEMI BACKPACKER'S EQUIPMENT LIST

Most of the following items required for overnight backpacking trips can be borrowed from the Trip Program or other campers. However, boys who plan to take full advantage of hiking opportunities might consider bringing some/all of the following:

CLOTHING

1 Pair Synthetic Shorts *(non-cotton)*

1 Set synthetic long underwear top and bottoms *(non-cotton)*

1 pair rain pants *(Gore-Tex or other synthetic material)*

1 Warm hat *(ski type)*

1 Pair of gloves

EQUIPMENT

1 Frame pack *(internal or external frame; age 11 and older)*

1 Sleeping pad

2 one-liter water bottles

TIP: Place this list in a plastic sleeve and bring to camp to serve as a reminder when packing to return home.