

CAMP PEMIGEWASSETT EQUIPMENT/PACKING LIST

ALL items sent to camp should be clearly marked with the boy's name, with either nametags or waterproof marker.

SHIRTS

(1-2 of T-shirts should be synthetic for hiking)
Pemi logo T-shirts – any style/fabric:
2 navy / 1 white / 1 grey
6-8 T-shirts - any style/fabric
2 Collared shirts (polo or button)

PANTS

2 Jeans or sweatpants
1 Khaki or cargo pants
4 Shorts

OUTERWEAR

1 Sweatshirt
1 Heavy synthetic fleece top or jacket (*heavyweight wool sweater is acceptable*)
1 Windproof jacket (*Gore-Tex or other breathable fabric best*)
1 Waterproof raincoat (*sealed seams*)
1 baseball cap or other (for sun protection)

FOOTWEAR & SOCKS

Casual footwear (sandals, sneakers, etc)
Hiking boots or shoes (*not tennis shoes – athletic shoes with high-traction soles will do*)
Athletic shoes (*cleats, tennis shoes with smooth soles for courts, etc*)
Soccer shin guards and socks (*required*)
10-12 Pair athletic socks
2-3 Pair hiking socks (*wool/wicking*)

UNDERWEAR, SWIMWEAR, PJ's

10-12 Pair underwear
2 Bathing suits
2 Pajamas (*1 lightweight; 1 heavy*)

BEDDING & LINENS

3 Warm twin blankets (or 1 and comforter, etc.)
2 (Two!) sets of sheets (*twin or cot*)
2 Pillowcases
1 Pillow (most forgotten item)
3 Bath/beach towels
1 Laundry bag with boy's name
1 Mosquito net
1 Sleeping bag (synthetic or down, no cotton)

TOILETRIES & CARRIER

Biodegradable soap and shampoo (*many brands are available; Dr. Bronner's, Tom's of Maine, Burt's Bees, etc*)
Toothbrush (in a carrying case) and toothpaste
Dental Floss
Fingernail Clippers/Nail File
Tissues
Personal items as needed (*hair brush, comb, deodorant*)
Chapstick/Lip Balm
Sunscreen (*20 SPF or higher*)
Insect repellent (*DEET percentage at your discretion*)
Shower caddy with the capacity to drain, for carrying toiletries

OTHER ESSENTIALS

1 Flashlight or headlamp with fresh batteries
1 1-liter water bottle
Stationery and stamps (pre-addressed?)

ATHLETIC EQUIPMENT

Bring as needed for participation in each team sport.
Pemi has loaner tennis racquets / lax equipment for those who want to try these sports.
Tennis racquet and cover
Baseball glove, hat, and pants
Lacrosse stick, gloves, and pads
Swim goggles, cap, speedo-type bathing suit / jammers

BAGS

Duffelbags / soft trunks as needed for packing for camp
1 Drawstring bag / sports duffel for daily use
1 Small backpack for day hikes (school pack is fine)

OPTIONAL ITEMS

Canned good(s) / non-perishable(s) for arrival day food drive
Single-use camera(s) / digital
Sunglasses
Aqua socks / water sandals
Books (not Kindles, Nooks, etc)
Ping-pong paddle
Fishing rod and tackle
Musical instruments and music
Bathrobe
Crazy creek
Other (including a stuffed animal!)

PEMI BACKPACKER'S EQUIPMENT LIST

Most of the following items required for overnight backpacking trips can be borrowed from other campers or from the Trip Program. However, boys who plan to take full advantage of hiking opportunities might consider bringing some/all of the following.

CLOTHING

1 Pair Synthetic Shorts (*non-cotton*)
1 Set synthetic long underwear top and bottoms (*non-cotton*)
1 pair rain pants (*Gore-Tex or other synthetic material*)
1 Warm hat (*ski type*)
1 Pair of gloves

EQUIPMENT

1 Frame pack (*internal or external frame; age 11 and older*)
1 Sleeping pad
2 1-liter water bottles

TIP: Place this list in a plastic sleeve and bring to camp to serve as a reminder when packing to return home.